

Karen

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Sent: Friday, January 15, 2010 10:28 AM
Subject: [Fwd: 3rd Annual Barneløpet Youth Cross Country Ski Race is February 7]

Press Release

Sons of Norway

Ulseth Lodge 5-670

Date: January 15, 2010

From: Wayne Stordahl, President, Ulseth Lodge (906) 482-0292

Subject: 3rd Annual Barneløpet Youth Cross Country Ski Race

FOR IMMEDIATE RELEASE

HANCOCK, MI ? The Sons of Norway Ulseth Lodge 5-670 invites area youth and their families to the 3rd annual Barneløpet Cross-Country Ski race Sunday, February 7, 2010, from 1:00 to 3:00 p.m. at the Maasto Hiihto cross country ski trails, Hancock.

The Barneløpet, a Norwegian word meaning, ?the children?s race,? is open to youth ages three through 17, and their families. The event is sponsored by Sons of Norway, Portage Health, the City of Hancock, and the Keweenaw Nordic Ski Club (KNSC).

The non-competitive family ski race is free this year, with a suggested free-will donation of \$3.00 per skier or \$5.00 per family. Registration begins at 12:00 noon at the ski chalet.

?This is a special day for youth and their families to spend some time skiing and having fun together,? says Wayne Stordahl, president of the local chapter of Sons of Norway. ?Cross country skiing is a popular family activity in Norway and we want to encourage that here, too.?

Stordahl adds that a second reason for hosting the Barneløpet is to spotlight the great cross country trails in Hancock. He says that the KNSC maintains and grooms over 26 kilometers of ?striding? ski trails, with financial assistance from the City of Hancock.

The KNSC will groom four courses for the event. Relatively easy one-, two-, and four-kilometer courses will be open, as well as a more difficult six-kilometer course, which descends into the gorge and follows the stream. Skiers can ?stride? any of the four courses, and a large time clock will be running for those who wish to time themselves.

All youth who finish their course will be awarded a colorful Norwegian Olympic-style enameled medallion. Skiers will also be treated to cookies and hot chocolate or coffee.

A Barneløpet registration form can be downloaded at www.keweenawtrails.com/events.html.

For additional information, contact Wayne Stordahl at 906-482-0292.

Visit www.nlc-calumet.org/SON for more information about the local chapter of Sons of Norway.

Pronunciation guide: Barneløpet = bar NEE lop it

Sons of Norway is an international organization promoting Norwegian traditions, fraternal fellowship, and cultural learning in the United States, Canada, and Norway. Local Sons of Norway lodge activities may include language camps, scholarships, handcrafts, cooking and cultural classes, heritage and sports awards programs, travel opportunities, and the monthly Viking Magazine. Headquartered in Minneapolis, Minn., Sons of Norway was founded in 1895.

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